****

**Mabel releases surprise Christmas song, ‘Loneliest Time Of Year’**

**‘Don’t Call Me Up’ surpasses 1 million UK sales**

**‘High Expectations’ 2020 tour & more confirmed.**

Praise for ‘High Expectations’

*“One of the UK’s biggest pop stars”* **Guardian Guide**

*"Mabel is rising to the occasion...this is a record for good times and forgetting your troubles"***The Times \*\*\*\***

*"Sleek and smart...one of 2019's breakout stars"***The Telegraph**

*"Mabel has perfected the art of writing songs that even on first listen sound totally ubiquitous"***Q**

*"Mabel steps towards the major leagues...cements her as a proper, high definition pop star”* **The Face**

Mabel has today released surprise new Christmas song ‘Loneliest Time Of Year’, which is available now on Polydor Records. This caps off a nonetheless incredible year for the 23-year-old: ‘Don’t Call Me Up’ is the biggest selling single of the year by a UK female artist (with ‘Mad Love’ also in the annual top 10), having surpassed 1 million sales and seen her debut album, ‘High Expectations’, chart at number 3. Off the back of a European tour with Khalid and a show stopping performance at this year’s MTV EMAs (where she was up for 3 awards), Mabel’s collaboration with Tiësto - ‘God Is A Dancer’ - is also still in the top 20, with her UK & European headline tour beginning at the end of January.

‘Loneliest Time Of The Year’ has the warm feel of a classic Christmas song, but – from its *“sorry I’m not so merry / but I feel like this yearly*” opening – one graced with Mabel’s trademark, brutally honest twist. Wrapping twinkling R&B and gospel melodies up with Mabel’s richly soulful voice, the track takes a lifelong love of Destiny’s Child’s ‘8 Days Of Christmas’ and pairs it with a raw emotive lyric for those who find the holiday season far from the most wonderful time of the year.

Whether tackling a toxic breakup (‘Don’t Call Me Up’), experiences of depression and

anxiety - ‘OK (Anxiety Anthem)’ – or the harsh realities of Christmas, Mabel has emerged as a songwriter able to draw power in times of vulnerability. It’s this candid but positive outlook that makes Mabel one of the UK’s most refreshing young role models - after all, as she sings on ‘Loneliest Time Of The Year’, it *“can’t just be me feeling like this” -* and the perfect, knowingly-imperfect modern pop star.

January 30 || Belfast || Ulster Hall **\***

February 1|| Glasgow || O2 Academy **\***

February 2 || Leeds || O2 Academy **\***

February 4 || Liverpool || Academy **\***

February 5 || Manchester || Academy **\***

February 7 || Nottingham || Rock City **\***

February 8 || Norwich || UEA **\***

February 9 || Southampton || Guildhall **\***

February 11 || Birmingham || O2 Academy**\***

February 12 || London || Hammersmith Eventim Apollo

**\* sold out**

**For more information and press enquiries please contact:   
  
Jenny Entwistle**[**jenny@chuffmedia.com**](mailto:jenny@chuffmedia.com) **020 8281 0989**